

4/9/20

Covid-19 Virus Protocols for Harrogate

Preparation for work

Full showering with **washing** of hair with shampoo, and body with soap
Hair and finger nails to be cut short. **Cleaning** of teeth with toothpaste and electric brush

Clothes Clinic coats, trousers and any underwear to be **washed** at a high temperature, and ironed if appropriate. Before attending

Journey to work Short 5 minute drive. It does not involve contact with anybody. Car is parked, and building entered. I feel it is not necessary to change into clinic clothes in this setting as the journey is short without human contact

Pre telephone consult New patients or existing. Check for Covid-19 status, and household status. in Pt's notes. Information given on what to expect on visit. Explain track and Trace GDPR protocol

Consultations.

- 1.PPE for example Mask and (face shield to be assessed) ,and apron to be worn in corridor and reception
- 2.Hands to be **sanitized** or **washed** prior to consultation
- 3.No shaking of hands

Treatment room. Face mask to be taken off with patient consent. Face mask kept on if I have snuffles or non consenting patient.
Glove deployment to be discussed ?
Air extractor to be used.

Treatment techniques to be used that may risk air borne droplets to be minimize with face of patient to be facing away from the practitioner for example

Clean head squares to be used on the pillow for every patient
Sanitize Computer and Sum up keyboards

Wash down with **disinfectant** the couch before every treatment. Handles and hooks on the door. Light switches and power sockets to be disinfected.
Antviral Disinfectant to BS EN 14476 Standard to be used.

End of session all plastics and tissue paper to be removed from room, and disposed in a poly bag

Reception area

- 1.Handles on front door, and alarm pad to be **disinfected**
 - 2.Chairs to be **disinfected**
 - 3.Maintain clean bathroom
- Disinfect** handles, and maintain clean toilet and wash basin

Leaving work

Clean and **disinfect** alarm pad

Reviewed Monthly

Wash all clinical garments at a high temperature at home C.T.Davis Osteopath 303

